



# Hi you!

Are you worried about the following:

- child's well being
- child's growth and development
- your wellbeing
- family situation
- other topic you would like to talk about or hear more information about

## Where

at Ukraine Help Center  
Teollisuuskatu 9  
00510 Helsinki

## When

On Tuesdays between 10 and  
14 o'clock

## Where

At the Centre for  
Psychotraumatology  
Alppikatu 2 J Building, 2<sup>nd</sup> floor  
00530 Helsinki

## When

Book in advance for Mondays,  
Wednesdays or Thursdays

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### Centre for Psychotraumatology

PAMI-project  
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